

BLUE LAKE SUMMER CAMP 2012

General Health Information Form

Camper Name: _____
Last
First
M

Dates at camp:	
_____ To: _____	2012

Camper Information:

Camper's Age at camp: _____		Date of Birth (Month/Day/Year) _____	
Address: _____		City/Prov: _____	
		Postal Code: _____	
Male <input type="checkbox"/> Female <input type="checkbox"/>			
Parents/Guardians: _____		Home Phone: _____	
Work Phone/Cell Phone: _____			
Family Doctor: _____		Phone: _____	
Medical Plan Number and Province (i.e. BC Care Card) _____			
Out of province, please ensure you have adequate medical coverage.			

Secondary Contact:

Alternate Contact: _____		Relationship to Camper: _____	
Phone Number(s): _____			
Emergency Contact (if different from above): _____			
Phone : _____			

This will be my child's _____ (e.g., 1st, 2nd, etc.) season at the Blue Lake Summer Camp. What part of the summer camp program is your child looking forward to? _____

Health Information

This child is subject to the following (yes or no)

<input type="checkbox"/> colds	<input type="checkbox"/> fear of the dark	<input type="checkbox"/> motion sickness
<input type="checkbox"/> sore throat	<input type="checkbox"/> sinus infection	<input type="checkbox"/> sleep walking
<input type="checkbox"/> bronchitis	<input type="checkbox"/> bed-wetting	<input type="checkbox"/> fainting
<input type="checkbox"/> ear infections		

Medication: I would like my child to be given the following medications, (which are labeled and accompany child), while at camp.

Name of medication:	Name of medication:
Why is it being taken:	Why is it being taken:
Quantity to be given:	Quantity to be given:
Times to be given:	Times to be given:

MEDICATION WILL BE COLLECTED BY THE CAMP DIRECTOR OR FIRST AID PERSON DURING REGISTRATION UPON ARRIVAL. PLEASE HAVE MEDICATIONS WITH YOU.

Is your child allergic to: Penicillin Yes No Don't know
Sulpha Yes No Don't know
Bee/Wasp Stings Yes No Don't know
Nut Products Yes No Don't know
Other? (specify) _____

(cont' on back page)

Please describe and/or attach any other necessary information with regard to health, food limitations etc. (i.e. vegetarian, food allergies)

Is there any reason for restricting your child's participation in:

- Canoeing Hiking Jumping Other sports
- Swimming Running Climbing Overnight Hike*

*Campers participate in an overnight hike every Wednesday night.

Please explain: _____

Are your child's immunization shots up to date? YES or NO

Has your child been exposed to any communicable disease in the past month? If yes, please explain:

If there is any other information which you feel would be of value to us concerning your child, and/or any concerns/problems that your child has regarding camp, please use this space to let us know:

YOU HEREBY GIVE YOUR PERMISSION to have anaesthetic, blood transfusion, or necessary surgery (stitches, etc.) administered to your child, under suitable medical supervision, (i.e. Hospital) in case an emergency should arise and acknowledge that you accept financial responsibility in the event that your child is transported to the nearest medical facility (i.e. Physician costs, ambulance, etc.) And give permission to administer Tylenol to your child in case of headaches or muscle aches from such things as growing pains, etc.

Anaesthetic? Yes _____ No _____

Blood Transfusion? Yes _____ No _____

Surgery? Yes _____ No _____

Tylenol Yes _____ No _____

**Model Release? Yes _____ No _____

Signature of Parent or Guardian: _____

Date: _____

Note: All attempts will be made to contact Parent/Guardian in the event of an emergency.

**On occasion the Blue Lake Forest Education Society uses pictures taken during camp for promotional purposes, i.e. Brochures, newspapers and trade show displays. If model release is given Blue Lake reserves the right to publish these photographs without incurring debt or liability of any kind.

PLEASE FILL THIS FORM OUT IN FULL, BOTH PAGES, AND RETURN TO THE BLUE LAKE SOCIETY OFFICE AT LEAST THREE WEEKS PRIOR TO YOUR CHILD'S SUMMER CAMP START DATE.

BLUE LAKE FOREST EDUCATION SOCIETY

**P.O. BOX 759
CRANBROOK, BC
V1C 4J5**

OR FAX 250-426-3933



Blue Lake Forest Education Society

Box 759 Cranbrook, BC V1C 4J5

Phone: 250-426-3676

Fax: 250-426-3933

e-mail: info@bluelakecentre.com

www.bluelakecentre.com

TRANSPORTATION FORM

Dear Parents or Guardians:

PLEASE READ CAREFULLY and return this form to the office prior to your child's camp stay:

This letter is to confirm (child's name) _____ placement at Blue Lake's Summer Camp Program for the following dates:

Arrival Date _____, 2012 Departure Date _____, 2012

Transportation Information:

Blue Lake strives to ensure your child's safety at all times. We need to ensure that when your child leaves Summer Camp that he or she is transported home **only** by someone that you, the parent or guardian, have authorized.

Please list the names of **all** parents/guardians of your child (include name and relationship):

If someone **other than** a parent/guardian (from above) will transport your child home from the Blue Lake Centre, please indicate by completing the following:

I, _____ authorize the following people to provide

(Name of Parent or Guardian)

transportation for my child home from the Blue Lake Centre:

Signature of Parent/Guardian

Date

NOTE

Blue Lake will only release your children to an individual that you, the parent or guardian, have authorized on this form. If transportation arrangements change then please ensure that you contact the Blue Lake Office with the new arrangements.

WARRANTY AND CONSENT OF PARENT/GUARDIAN

One signed for
each child
under 19

ASSUMPTION OF RISK RELEASE AND WAIVER OF LIABILITY

INDEMNITY AGREEMENT

IN CONSIDERATION of allowing my minor child/ward to participate in the programme, related events and activities of the **Blue Lake Forest Education Society**

I WARRANT TO YOU THAT:

1. I am a parent/guardian having full legal responsibility for decisions regarding my minor child/ward, and
2. I am familiar with the risk of serious injury and death which any participant in this programme must assume, and
3. I believe that my minor child/ward is physically, emotionally and mentally able to participate in this programme, and that his/her equipment is mechanically fit for his/ her use in this programme, and
4. I understand, and will instruct my minor child/ward, that all applicable rules for participation must be followed and that at all times the sole responsibility for personal safety remains with my minor child/ward, and
5. I will immediately remove my minor child/ward from participation, and notify the nearest official, if at any time I sense or observe any unusual hazard or unsafe condition or if I feel that my minor child/ward has experienced any deterioration in his/her physical, emotional or mental fitness for continued participation in the programme.

I UNDERSTAND AND AGREE, ON BEHALF OF MY MINOR CHILD/WARD, MYSELF, MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN, THAT MY EXECUTION OF THIS DOCUMENT CONSTITUTES:

1. an unqualified ASSUMPTION OF ALL RISKS associated with participation in this programme by my minor child/ward even if arising from negligence, or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures, of the programme organizer and any persons associated therewith or participating therein, and
2. a FULL AND FINAL RELEASE AND WAIVER OF LIABILITY of the programme organizer and all persons and organizations associated with it and the programme including, without limiting the generality of the foregoing, its officers, directors, officials, agents and/or employees, other participants, sponsors, advertisers, owners and/ or lessors of the premises used to conduct the programme, sanctioning bodies, medical or rescue personnel (the RELEASEES), of and from with the respect to all injury, disability, death or loss or damage to person or property whether arising from the negligence, or negligent rescue of or by the foregoing or otherwise, and
3. an UNDERSTANDING NOT TO SUE the RELEASEES for any loss, injury, costs or damages of any form or type, howsoever caused or arising, and whether directly or indirectly from the participation of my minor child/ward in the programme, and
4. an AGREEMENT TO INDEMNIFY, and to SAVE and HOLD HARMLESS the RELEASEES, and each of them, from any litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever, they may incur due to any claim made against them or any one of them whether the claim is based on the negligence or the gross negligence of the RELEASEES or otherwise.

I HAVE READ THIS DOCUMENT THOROUGHLY.

I UNDERSTAND THAT THE RELEASEES ARE RELYING UPON MY WARRANTIES, ASSUMPTIONS, WAIVER AND RELEASE, UNDERTAKINGS AND AGREEMENTS WHEN ACCEPTING MY MINOR CHILD'S/WARD'S PARTICIPATION IN THIS PROGRAMME.

I UNDERSTAND THAT BY SIGNING THIS DOCUMENT I GIVE UP SUBSTANTIAL LEGAL RIGHTS I AND/ OR MY MINOR CHILD/WARD WOULD OTHERWISE HAVE.

I SIGN THIS DOCUMENT VOLUNTARILY AND WITHOUT INDUCEMENT.

SIGNATURE OF PARENT/GUARDIAN

PRINTED NAME OF PARENT/GUARDIAN

SIGNATURE OF WITNESS

PRINTED NAME OF WITNESS

DATE

AGE OF MINOR

PRINTED NAME OF MINOR

SIGNATURE OF MINOR (13 and over)

WHAT TO EXPECT AT CAMP!

Preparing for a Successful Camp Experience

Camp is an exciting and fun place full of friends, adventures, skills, stories, songs, campfires, games and many other things. It's also a very different place from what campers are used to - a different bed, different washroom, different food choices and a different schedule.

Drop-off and Pick-up Times

Campers are dropped off between 2pm and 4pm on Sundays

Campers are picked up **between 1pm and 2pm on Saturdays**. It is crucial that children be picked up and dropped off between the appropriate allotted times. This allows adequate time off for staff as well as adequate time to clean the camp site for the next group of campers!

Your Camper's Health

The more up-to-date information we have regarding your camper, the easier it is to ensure a successful experience. If there is information which you feel might need special attention or allow us to provide your camper with a better experience please let us know. For information of a confidential nature regarding your camper please provide a note in a sealed envelope addressed to the Camp Coordinator.

Medication

Send all medications in the original bottle with the original information and instructions. Ensure everything is clearly labelled all of it with your child's name. All medications (including homeopathic) will be turned in to the Camp Coordinator or the First Aid Attendant upon arrival with the exception of asthma inhalers and, in some cases, epi-pens. Any children that are on special medications will meet with the First Aid Attendant on the first day of camp. We recommend you continue with regular behavioural medication if these are taken daily. Should you have any specific instructions please do not hesitate to call the Camp Coordinator to give them more information.

Head Lice

Prior to arrival at camp, please check your child's head thoroughly for lice. Head lice are very contagious and as campers live in a very close environment, we want to prevent outbreaks of lice. *Should you require more information about head lice contact your local Health Unit.*

In Case of Injury or Illness

Quiet rest areas are available if a child becomes over-tired or needs extra care. We may request that you pick up your child if they fall ill. In the event that your child requires serious medical treatment, a staff member will accompany your camper to the hospital, and our Camp Coordinator will contact you both prior to and following the visit. Our staff will stay with your child until you arrive.

Homesickness

Our group leaders are enthusiastic and passionate about making sure all our campers have an enjoyable camp experience. They are fully trained on how to respond to camper's individual needs and how to recognize and handle situations in which homesickness arises. Many of our Program Staff members have years of camping experience and are able to identify and help manage homesickness.

If your child is persistently homesick and it is impacting their camp experience a senior staff member will get in touch with you to let you know the situation and to 'brainstorm' possible strategies to help your camper cope.

Bullying

Blue Lake is a bully-free zone. Children at camp are under supervision around the clock to ensure that a safe and positive learning atmosphere exists. Staff are trained extensively in how to deal with the issue of bullying. Policies and Procedures are in place to make sure that each incidence of bullying is handled properly and immediately. Blue Lake Summer Camp teaches positive social skills on a consistent basis!

Sleeping Habits

Our staff are well aware of how to deal with such issues as bedwetting, sleepwalking and night terrors as they are common among our younger campers. If you have any concerns about your child please inform our camps office in order to better help us ensure he/she has a positive camp experience.

Visitors

The camp program is a busy one that uses all parts of the day. Visits can be very disruptive to campers prone to homesickness (or to other campers in the group). Camp is also a great place for kids to build their independence and self-reliance. It is preferable that campers do not receive visitors during their time at camp.

Camp Activities

Over the course of their camp experience campers will be exposed to a wide variety of activities and experiences. They will receive individual instruction in new skills, take part in cabin group activities and participate in games and theme events involving the entire camp. In all our programs we emphasize creativity, imagination and adventure in a safe, fun-filled atmosphere designed to encourage growth and the development of self-confidence.

Activities at camp are challenge-by-choice - campers will never be forced to do an activity in which they feel uncomfortable but they will be encouraged by their leader to try new experiences. Camp staff work to design program options which are safe, active and appropriate to the age level of the group. Activity areas offer instruction where campers proceed at their own pace and the lessons are structured to allow time for campers to accomplish their goals within the timeframe of the session.

Cabin Groups

Each cabin group usually has a maximum 10-12 campers and is assigned 2 group leaders who provide 24-hour supervision. The members of the program staff team are also available to provide support to cabin groups and individual campers who may be struggling with the challenges of being away from home.

The principle unit at camp is the cabin group. We have found that activities focused around a small group of peers encourages the development of close friendships as they take part in activities and meet challenges together. We do our best to foster an atmosphere of co-operation rather than competition. If we do run an activity containing some element of competition, we focus on challenging campers to achieve their own goals, rather than encouraging them to measure their accomplishments against the achievements of others.

Typical Day at Camp

- Wake up at 7:30am/Morning Challenge/Breakfast
- Eco Fun Lesson at 9:30am (age specific environmental learning)
- Free Time/Lunch/Cabin group activity
- Dinner/ Game/ Campfire/Bedtime

Luggage

Luggage need not be expensive - back packs are ideal, hockey bags, duffels, old suitcases and big laundry bags are fine. Do not pack items in garbage bags as they rip easily and can be mistaken for garbage. Include a sturdy backpack for any potential out trips or day trips and don't forget to label your luggage as well!

Rain Gear

Our camp programs will continue despite the occasional rainy day. For your camper's comfort and well-being, they should be well prepared for the weather. Rain suits and sturdy, sealed rubber boots provide the best protection. Don't forget to label the boots as they often look the same!

Lost & Found

We do our best to keep campers and their possessions together but every year we have many unclaimed items with no identification. Labelling all items makes it easier for us to return any items found during/after your camper's session. All items will be held in the camp Lost & Found for 2 weeks. If you do lose something at camp, please phone the office.

Items not claimed by 2 weeks after the camp session has ended will be donated to charity.

Food at Camp

Camp is an active place and good meals are important to help keep energy levels high! With this in mind Blue Lake Camp offers nutritious, filling meals with vegetarian options. Residential campers receive 3 meals a day in addition to an afternoon snack. Fruit is available all day for campers needing something extra. Our camps are able to accommodate special diets, please ensure that any dietary requests are made well in advance.